STINA RESOURCES LTD.

Ste 10 – 8331 River Road Richmond, BC V6X 1Y1 CSE: SQA

September 13, 2016

12g3-2(b): 82-2062

Shares Issued 35,862,499

September 12, 2016 close: \$0.10

NEWS RELEASE

STINA ELECTS TO DROP INTEREST IN KC COPPER PROPERTY

Stina Resources Limited ("the Company") announces that it has elected to drop its 100% interest in the KC Property, located in the Kitimat-Stikine District of Central British Columbia, approximately 60 km southeast of the city of Stewart, BC and 100 km north of Terrace, BC.

The Company had announced on June 27, 2014 that it had acquired the 100% interest in the copper property from Kevin Cohen for a total of 400,000 common shares and \$5,000 cash (all paid)

No work was done on the property by the Company.

President James Corrigan commented that the Company had intended to explore the property, but with recent developments in the world markets, and with respect to Stina's new focus on Soft Wave water technology, the economics of continuing to hold the property do not make sense at this time.

On behalf of the Board of Directors,

"James Corrigan"

James Corrigan, President

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